

## Flathead City-County Health Department

1035 First Ave. West Kalispell, MT 59901 (406) 751-8101 FAX 751-8102 www.flatheadhealth.org 
 Community
 Health Services

 751-8110
 FAX 751-8111

 Environmental
 Health Services

 751-8130
 FAX 751-8131

 Family Planning Services
 F31-8150

 751-8150
 FAX 751-8151

 Home Health Services
 F31-6800

 751-6800
 FAX 751-6807

 WIC Services
 F31-8170

 751-8170
 FAX 751-8171

 Animal Shelter
 F32-1310

For immediate release: October 19, 2020

Kalispell MT — Flathead County continues to see an alarming uptick in COVID-19 cases, related hospitalizations, and deaths. Recent case investigations have found that COVID-19 exposures are linked to social gatherings in indoor spaces, such as birthday parties and group dinners, as well as large events like weddings and trade shows.

On October 15<sup>th</sup>, the Flathead County Board of Health voted against enacting further measures to prevent community spread of COVID-19 in Flathead County. The Flathead City-County Health Department urges community members to take personal action to mitigate the spread of COVID-19 and protect the health of our vulnerable community members. "It is vital that individuals follow the recommended steps to prevent the spread of COVID-19," says Tamalee St James Robinson, Interim Health Officer of the Flathead City-County Health Department.

FCCHD recommends that the community adhere to the following recommendations:

- Flathead County residents should limit their number of close, non-household contacts to no more than six persons per week, as well as limiting the duration of close, non-household contacts to less than fifteen minutes whenever possible.
- Where possible, Flathead County residents are encouraged to utilize contact-free services of businesses, including but not limited to drive-through and take-out food services, contactless delivery, and the like.
- When Flathead County residents have to leave their homes, residents are encouraged to minimize the number of trips, locations, and time to the greatest extent possible.
- Flathead County residents should be very vigilant in adhering to physical distancing requirements and recommendations, hand hygiene and surface sanitation procedures, and staying away from others when sick.
- Flathead County residents should be vigilant in adhering to masking requirements and recommendations while in public spaces and while within close contact of non-household members.

As the holiday season approaches, individuals should be especially mindful of the events they choose to attend. For example, if a positive case attends a social event while infectious, and social distancing or mask usage are not maintained, there is the potential that FCCHD staff may have to require a 14-day quarantine for a large number of people that attended the event. According to the CDC, individuals who test positive for COVID-19 are infectious for 48 hours prior to exhibiting symptoms.

"The increasing number of positive cases and the evidence of widespread community transmission have brought Flathead County to a point where tough decisions need to be made," states Robinson. "The growing rate of COVID-19 in our community is not sustainable for our healthcare system, our public health staff, and our schools. We have to decide what is more important- social gatherings or keeping our schools and businesses open. It is up to all of us to slow the spread."

Flathead County received 137 new COVID-19 cases over the weekend and to date there have been 23 confirmed COVID-19 related deaths of Flathead County residents. For more information about COVID-19 please visit https://flatheadhealth.org/novel-coronavirus-covid-19/.

